

Kent Indoor Championships, Lee Valley Indoor Centre - 05/03/2011

SM 60m

Heat 1				
	No.	Athlete	Club	Time
1	13	Andre Wright	Med & Maid AC	7.09
2	3	Duayne Bovell	Black & Brom H AC	7.13
3	10	Andre Haughton	Cambridge Harriers	7.28
4	7	Christian Durugo	Cambridge Harriers	7.59
5	12	Paul Williams	Dartford Harriers	7.79
6	1	Bilen Ahmet	Kingston & Poly H	7.86
Heat 2				
	No.	Athlete	Club	Time
1	11	Seun Marcus	Belgave Harriers	7.12
2	9	Edward Harrison	Black & Brom H AC	7.13
3	4	James Bridge	Ashford AC	7.25
4	2	Matthew Beech	Swale Combined AC	7.63
5	5	Lincoln Campbell	East Grinstead AC	7.75
Final				
	No.	Athlete	Club	Time
1	13	Andre Wright	Med & Maid AC	6.97
2	3	Duayne Bovell	Black & Brom H AC	7.00
3	11	Seun Marcus	Belgave Harriers	7.06
4	9	Edward Harrison	Black & Brom H AC	7.15
5	10	Andre Haughton	Cambridge Harriers	7.20
6	4	James Bridge	Ashford AC	7.20

SM 200m

Final				
	No.	Athlete	Club	Time
1	4	James Bridge	Ashford AC	23.29
2	2	Matthew Beech	Swale Combined AC	24.43
3	1	Bilen Ahmet	Kingston & Poly H	26.55
4	122	Adam Southfield	Newington AC	31.11

SM 400m

Final				
	No.	Athlete	Club	Time
1	159	Darren Green	Luton AC	50.77
2	161	James Wildish	Tonbridge AC	50.85
3	160	Aaron Waterman	Tonbridge AC	55.73

SM 800m

Final				
	No.	Athlete	Club	Time
1	183	Dan Lewington	Serpentine	2:14.70
2	182	Ray Daniel (M50)	Cambridge Harriers	2:17.50
3	122	Adam Southfield	Newington AC	3:08.19

SM 60m Hurdles

Final				
	No.	Athlete	Club	Time
1	9	Edward Harrison	Black & Brom H AC	8.64
2	104	Peter Davey (M35)	Ashford AC	9.30
3	1	Bilen Ahmet	Kingston & Poly H	10.58

SM High Jump

Final				
	No.	Athlete	Club	Ht
1	12	Paul Williams	Dartford Harriers	1.85
2	1	Bilen Ahmet	Kingston & Poly H	1.60
3	220	John Bancroft	Bexley AC	1.50

SM Pole Vault

Final				
	No.	Athlete	Club	Ht
1	1	Bilen Ahmet	Kingston & Poly H	3.80
2	223	Allan Williams (M55)	Black & Brom H AC	3.60
3	224	Luke Williams	Ashford AC	3.50
4	222	Stuart Chisholm	Ashford AC	3.20

SM Long Jump

Final				
	No.	Athlete	Club	Dist
1	225	Steve Lake (M35)	Ashford AC	5.50

SM Triple Jump

Final				
	No.	Athlete	Club	Dist
1	226	Nnaemeka Ezenwa	Wood'd Green & Essex L	14.35
2	227	Jack Fox	Dartford Harriers	12.22
3	225	Steve Lake (M35)	Ashford AC	12.15
4	1	Bilen Ahmet	Kingston & Poly H	11.35

SM Shot

Final				
	No.	Athlete	Club	Dist
1	234	Scott Rider	Birchfield Harriers	18.38
2	231	Courtney Green	Kent AC	13.06
3	232	Christopher Kingsland (M35)	Ashford AC	12.14
4	229	Dave Blackwell	Dartford Harriers	10.73
5	1	Bilen Ahmet	Kingston & Poly H	10.57
6	230	Vince Day	Newington AC	8.88
7	233	Michael Lillis	Newington AC	8.05

CBP

U20M 60m

Heat 1				
	No.	Athlete	Club	Time
1	17	Adam Chalk	Dartford Harriers	7.13
2	18	Chris Chancellor	Invicta East Kent AC	7.22
3	15	Daniel Alexander	Med & Maid AC	7.33
4	21	Kegan Goldsack-Marsh	Invicta East Kent AC	7.39
5	25	Daniel Weaver	Ashford AC	7.67
Heat 2				
	No.	Athlete	Club	Time
1	16	Joshua Brown	Kent AC	7.39
2	24	Sufiyan Sultan	Black & Brom H AC	7.43
3	20	Dan Gill	Med & Maid AC	7.51
4	19	Louis Dale	Tonbridge AC	7.69
5	22	Daniel Langridge	Invicta East Kent AC	8.10

Final				
	No.	Athlete	Club	Time
1	17	Adam Chalk	Dartford Harriers	7.12
2	18	Chris Chancellor	Invicta East Kent AC	7.23
3	15	Daniel Alexander	Med & Maid AC	7.25
4	24	Sufiyan Sultan	Black & Brom H AC	7.35
5	16	Joshua Brown	Kent AC	7.35
6	21	Kegan Goldsack-Marsh	Invicta East Kent AC	7.43

U20M 200m

Heat 1				
	No.	Athlete	Club	Time
1	18	Chris Chancellor	Invicta East Kent AC	23.05
2	123	Alex Bell	Dartford Harriers	23.28
3	125	Craig Morten	Black & Brom H AC	23.77
4	20	Dan Gill	Med & Maid AC	24.45
Heat 2				
	No.	Athlete	Club	Time
1	124	Tom Chambers	Ashford AC	23.70
2	24	Sufiyan Sultan	Black & Brom H AC	24.16
3	127	David Stewart	Dartford Harriers	24.55
	126	Jonathan Pettet	Black & Brom H AC	disq
	19	Louis Dale	Tonbridge AC	dnf
Final				
	No.	Athlete	Club	Time
1	18	Chris Chancellor	Invicta East Kent AC	22.99
2	124	Tom Chambers	Ashford AC	23.33
3	123	Alex Bell	Dartford Harriers	23.46
4	125	Craig Morten	Black & Brom H AC	23.80
5	24	Sufiyan Sultan	Black & Brom H AC	23.85

CBP

U20M 400m

Heat 1				
	No.	Athlete	Club	Time
1	165	Ben Parkin	Black & Brom H AC	52.78
2	127	David Stewart	Dartford Harriers	52.21
3	162	Ashley Cochran	Ashford AC	53.35
	22	Daniel Langridge	Invicta East Kent AC	dns
Heat 2				
	No.	Athlete	Club	Time
1	166	Charlie Perry	Cambridge Harriers	52.01
2	164	Omari Markland-Montgomery	Cambridge Harriers	52.35
3	125	Craig Morten	Black & Brom H AC	52.89
4	163	George Huxley	Ashford AC	54.66
Final				
	No.	Athlete	Club	Time
1	164	Omari Markland-Montgomery	Cambridge Harriers	51.21
2	165	Ben Parkin	Black & Brom H AC	51.40
3	166	Charlie Perry	Cambridge Harriers	51.56
4	125	Craig Morten	Black & Brom H AC	51.62
5	127	David Stewart	Dartford Harriers	53.07
6	162	Ashley Cochran	Ashford AC	53.46

U20M 800m

Final				
	No.	Athlete	Club	Time
1	189	Samuel Hudson	Invicta East Kent AC	2:04.39
2	186	Ben Burton	Invicta East Kent AC	2:07.37
3	188	Reece Dimech	Med & Maid AC	2:08.22
4	187	Jacob Burton	Invicta East Kent AC	2:13.59
5	190	Robert Leat	Paddock Wood AC	2:21.35

U20M 60m Hurdles

Final				
	No.	Athlete	Club	Time
1	17	Adam Chalk	Dartford Harriers	8.25
2	107	Alex Wharfe	Med & Maid AC	8.54
3	106	Mark Cryer	Med & Maid AC	9.12

U20M High Jump

Final				
	No.	Athlete	Club	Ht
1	235	Aaron Barham	Dartford Harriers	1.90
2	15	Daniel Alexander	Med & Maid AC	1.90
3	17	Adam Chalk	Dartford Harriers	1.80
4	236	Christopher White	Med & Maid AC	1.70

U20M Pole Vault

Final				
	No.	Athlete	Club	Ht
1	107	Alex Wharfe	Med & Maid AC	3.40
	237	Mark Longhurst	Black & Brom H AC	nhr

U20M Long Jump

Final				
	No.	Athlete	Club	Dist
1	16	Joshua Brown	Kent AC	6.53
2	106	Mark Cryer	Med & Maid AC	6.19
3	241	Jordan Redjep	Med & Maid AC	6.18
4	240	Robert Hammond	Dartford Harriers	5.89
5	239	Michael Franchetti	Cambridge Harriers	5.37
6	238	William Dickinson	Ashford AC	4.11

U20M Triple Jump

Final				
	No.	Athlete	Club	Dist
1	16	Joshua Brown	Kent AC	13.31
2	242	Stephen Sage	Med & Maid AC	12.74
3	25	Daniel Weaver	Ashford AC	11.87
4	238	William Dickinson	Ashford AC	9.91

U20M Shot

Final				
	No.	Athlete	Club	Dist
1	243	Timothy Billings	Dartford Harriers	12.31
2	107	Alex Wharfe	Med & Maid AC	11.16
3	106	Mark Cryer	Med & Maid AC	10.14
4	22	Daniel Langridge	Invicta East Kent AC	8.96

U17M 60m

Heat 1				
	No.	Athlete	Club	Time
1	39	Ishmael Smith-John	Black & Brom H AC	7.47
2	32	David Hall	Dartford Harriers	7.52
3	33	Joseph Hawkins	Invicta East Kent AC	7.72
4	29	Stephen Davies	Bexley AC	8.22
Heat 2				
	No.	Athlete	Club	Time
1	37	Shem Raveh	Judd School	7.45
2	30	Tobi Esan	Cambridge Harriers	7.56
3	41	Samuel Webb	Ashford AC	7.93
4	27	Robert Crust	Tonbridge AC	8.02
5	34	James Jeacock	Ashford AC	8.05
Heat 3				
	No.	Athlete	Club	Time
1	26	Joe Berth-Jones	Cambridge Harriers	7.36
2	31	Nathaniel Fatola	Ashford AC	7.48
3	28	Seyi Daramola	Black & Brom H AC	7.57
4	40	Alexander Verissimo	Cambridge Harriers	7.81
5	36	Daniel Pitman	Med & Maid AC	8.09
Final				
	No.	Athlete	Club	Time
1	26	Joe Berth-Jones	Cambridge Harriers	7.23
2	37	Shem Raveh	Judd School	7.32
3	39	Ishmael Smith-John	Black & Brom H AC	7.37
4	30	Tobi Esan	Cambridge Harriers	7.44
5	31	Nathaniel Fatola	Ashford AC	7.46
6	32	David Hall	Dartford Harriers	7.52

U17M 200m

Heat 1				
	No.	Athlete	Club	Time
1	26	Joe Berth-Jones	Cambridge Harriers	23.44
2	37	Shem Raveh	Judd School	24.19
3	129	Tom Barratt	Judd School	24.57
4	128	Temidayo Banwo	Ashford AC	25.88
5	41	Samuel Webb	Ashford AC	25.94
Heat 2				
	No.	Athlete	Club	Time
1	132	Edward Hall	Tonbridge AC	24.12
2	133	George Taylor	Dartford Harriers	24.23
3	36	Daniel Pitman	Med & Maid AC	25.67
4	34	James Jeacock	Ashford AC	26.83
	131	William Dellow	Dartford Harriers	dns
Final				
	No.	Athlete	Club	Time
1	132	Edward Hall	Tonbridge AC	22.67
2	26	Joe Berth-Jones	Cambridge Harriers	22.87
3	133	George Taylor	Dartford Harriers	23.98
4	37	Shem Raveh	Judd School	24.32
5	129	Tom Barratt	Judd School	24.52

U17M 400m

Final				
	No.	Athlete	Club	Time
1	132	Edward Hall	Tonbridge AC	51.16
2	168	Harry Smith	Black & Brom H AC	53.90
3	130	Damillare Erogbogbo	Med & Maid AC	55.98
	167	Thomas Harvey	Judd School	dns

U17M 800m

Final				
	No.	Athlete	Club	Time
1	194	Luke Francis	Bexley AC	2:09.85
2	195	Aaron Kellow	Ashford AC	2:12.78
3	197	James Williamson	Med & Maid AC	2:15.89
4	196	William Stockwell	Med & Maid AC	2:18.28
5	192	Jack Austin	Newington AC	2:36.06

CBP

U17M 60m Hurdles

Final				
	No.	Athlete	Club	Time
1	110	Aaron Lloyd	Black & Brom H AC	8.48
2	109	Francis Lammas	Med & Maid AC	9.17
3	108	Thomas Howlett	Med & Maid AC	9.18
4	111	James Wood	Newington AC	11.30

U17M High Jump

Final				
	No.	Athlete	Club	Ht
1	32	David Hall	Dartford Harriers	1.90
2	108	Thomas Howlett	Med & Maid AC	1.75
3	167	Thomas Harvey	Judd School	1.50

U17M Pole Vault

Final				
	No.	Athlete	Club	Ht
1	244	Jackson Ferris-Choi	Cambridge Harriers	3.10
2	246	Charlie Jinks	Bexley AC	2.70
3	108	Thomas Howlett	Med & Maid AC	2.30
4	245	Jack Huxley	Ashford AC	2.10

U17M Long Jump

Final				
	No.	Athlete	Club	Dist
1	31	Nathaniel Fatola	Ashford AC	6.22
2	247	James Allen	Black & Brom H AC	5.95
3	109	Francis Lammas	Med & Maid AC	5.58
4	33	Joseph Hawkins	Invicta East Kent AC	5.15

U17M Triple Jump

Final				
	No.	Athlete	Club	Dist
1	129	Tom Barratt	Judd School	11.29
2	248	Oluwadamilola Erogbogbo	Med & Maid AC	11.27
3	167	Thomas Harvey	Judd School	10.23
4	111	James Wood	Newington AC	10.17

U17M Shot

Final				
	No.	Athlete	Club	Dist
1	249	Daniel Hollett	Black & Brom H AC	12.01
2	250	Louis Mascarenhas	Black & Brom H AC	11.92
3	109	Francis Lammas	Med & Maid AC	9.93
4	192	Jack Austin	Newington AC	8.20

U15B 60m

Heat 1				
	No.	Athlete	Club	Time
1	48	Elijah Laidlaw	Cambridge Harriers	7.86
2	51	Jack Parris	Cambridge Harriers	7.90
3	44	Samee Goosani	Med & Maid AC	8.04
4	53	George Rees	Judd School	8.19
5	50	Andrew Narracott	Black & Brom H AC	9.17
Heat 2				
	No.	Athlete	Club	Time
1	52	Tommy Ramdhan	Bexley AC	7.33
2	42	Tobiloba Adeniyi	Cambridge Harriers	7.76
3	47	Casey Johnson	Dartford Harriers	7.95
4	46	Sam Hoyle	Dartford Harriers	8.00
5	45	Sidney Holland	Medway Park Pheonix	8.55
Final				
	No.	Athlete	Club	Time
1	52	Tommy Ramdhan	Bexley AC	7.35
2	48	Elijah Laidlaw	Cambridge Harriers	7.83
3	47	Casey Johnson	Dartford Harriers	7.85
4	42	Tobiloba Adeniyi	Cambridge Harriers	7.87
5	51	Jack Parris	Cambridge Harriers	7.89
6	46	Sam Hoyle	Dartford Harriers	7.91

CBP

U15B 200m

Heat 1				
	No.	Athlete	Club	Time
1	134	Joe Clark	Med & Maid AC	25.05
2	44	Samee Goosani	Med & Maid AC	26.00
3	45	Sidney Holland	Medway Park Pheonix	27.52
4	50	Andrew Narracott	Black & Brom H AC	30.79
Heat 2				
	No.	Athlete	Club	Time
1	51	Jack Parris	Cambridge Harriers	25.47
2	46	Sam Hoyle	Dartford Harriers	25.82
3	137	Joseph Millman	Dartford Harriers	26.44
4	53	George Rees	Judd School	26.60
Heat 3				
	No.	Athlete	Club	Time
1	138	Alex Skipp	Black & Brom H AC	25.47
2	139	Oliver Williams	Ashford AC	25.58
3	47	Casey Johnson	Dartford Harriers	27.02
	43	Aaron Dyer	Black & Brom H AC	dns
Final				
	No.	Athlete	Club	Time
1	134	Joe Clark	Med & Maid AC	24.89
2	138	Alex Skipp	Black & Brom H AC	25.15
3	139	Oliver Williams	Ashford AC	25.16
4	51	Jack Parris	Cambridge Harriers	25.53
5	46	Sam Hoyle	Dartford Harriers	25.82

U15B 400m

Final				
	No.	Athlete	Club	Time
1	170	Alexander Kidd	Tonbridge AC	60.45
2	171	William Whitmore	Tonbridge AC	63.81

U15B 800m

Final				
No.	Athlete	Club	Time	
1	198	Stephen Ball	Cambridge Harriers	2:04.89
2	201	Joseph O'Hara	Bexley AC	2:15.76
3	199	Charley Fraser	Medway Park Pheonix	2:28.79
4	202	David Whatley	Thanet AC	2:28.83
5	200	Gareth Funnell	Newington AC	2:45.98
6	203	James Young	Newington AC	2:46.47

CBP

U15B 60m Hurdles

Final				
No.	Athlete	Club	Time	
1	114	James Masterson	Tonbridge AC	9.78
2	112	Lewis Church	Tonbridge AC	9.79
3	135	Ben Isaac	Ashford AC	9.80

U15B High Jump

Final				
No.	Athlete	Club	Ht	
1	134	Joe Clark	Med & Maid AC	1.68
2	112	Lewis Church	Tonbridge AC	1.60
3	251	Harry Kendall	Tonbridge AC	1.50
4	252	Ben Stanbury	Cambridge Harriers	1.50

U15B Pole Vault

Final				
No.	Athlete	Club	Ht	
1	251	Harry Kendall	Tonbridge AC	2.10
2	252	Ben Stanbury	Cambridge Harriers	2.00

U15B Long Jump

Final				
No.	Athlete	Club	Dist	
1	42	Tobiloba Adeniyi	Cambridge Harriers	5.93
2	137	Joseph Millman	Dartford Harriers	5.24
3	135	Ben Isaac	Ashford AC	5.04
4	252	Ben Stanbury	Cambridge Harriers	5.04
5	53	George Rees	Judd School	5.00
6	47	Casey Johnson	Dartford Harriers	4.99
7	50	Andrew Narracott	Black & Brom H AC	4.30

CBP

U15B Triple Jump

Final				
No.	Athlete	Club	Dist	
1	139	Oliver Williams	Ashford AC	11.69

U15B Shot

Final				
No.	Athlete	Club	Dist	
1	137	Joseph Millman	Dartford Harriers	10.07

SW 60m

Final				
No.	Athlete	Club	Time	
1	54	Jo Barnes (W40)	Tonbridge AC	9.19

SW 200m

Final				
	No.	Athlete	Club	Time
1	141	Kathryn Sutton	Dartford Harriers	26.41
2	140	Tracy Cunningham	Dartford Harriers	27.11

SW 400m

Final				
	No.	Athlete	Club	Time
1	141	Kathryn Sutton	Dartford Harriers	58.89
2	140	Tracy Cunningham	Dartford Harriers	62.38
3	172	Fredrica Peart	Black & Brom H AC	65.54

CBP

SW High Jump

Final				
	No.	Athlete	Club	Ht
1	254	Stevie Langford	Ashford AC	1.65
2	253	Kara Gibbs	Ashford AC	1.45

=CBP

SW Pole Vault

Final				
	No.	Athlete	Club	Ht
1	256	Liz Hughes	Black & Brom H AC	3.80
2	257	Christina Moore	Black & Brom H AC	3.40
3	255	Rachel Arnheim	Black & Brom H AC	3.20
4	253	Kara Gibbs	Ashford AC	3.00
5	258	Emmeline Rendell	Ashford AC	2.80

SW Long Jump

Final				
	No.	Athlete	Club	Dist
1	259	Hayley Nouch	Black & Brom H AC	4.95

SW Triple Jump

Final				
	No.	Athlete	Club	Dist
1	259	Hayley Nouch	Black & Brom H AC	10.79

SW Shot

Final				
	No.	Athlete	Club	Dist
1	260	Shaunagh Brown	Black & Brom H AC	15.21

CBP

U20W 60m

Heat 1				
	No.	Athlete	Club	Time
1	62	Grace Sheppard	Black & Brom H AC	7.75
2	56	Gabriella Ade-Onojobi	Cambridge Harriers	7.97
3	57	Samantha Beckett	Ashford AC	8.03
4	61	Mellisa Owusu-Ansah	Cambridge Harriers	8.12
Heat 2				
	No.	Athlete	Club	Time
1	58	Rachel Hanagan	Ashford AC	8.00
2	60	Amara Lalemi-Jacobs	Black & Brom H AC	8.07
3	59	Shanique Joseph	Bexley AC	8.16

Final				
	No.	Athlete	Club	Time
1	62	Grace Sheppard	Black & Brom H AC	7.74
2	58	Rachel Hanagan	Ashford AC	7.98
3	60	Amara Lalemi-Jacobs	Black & Brom H AC	8.04
4	57	Samantha Beckett	Ashford AC	8.04
5	61	Mellisa Owusu-Ansah	Cambridge Harriers	8.08

U20W 200m

Final				
	No.	Athlete	Club	Time
1	60	Amara Lalemi-Jacobs	Black & Brom H AC	25.93
2	145	Natalie Hickmott	Dartford Harriers	25.95
3	57	Samantha Beckett	Ashford AC	36.68
4	147	Jodie Leslie	Dartford Harriers	27.24
5	144	Laura Hanagan	Ashford AC	27.39

CBP

U20W 400m

Heat 1				
	No.	Athlete	Club	Time
1	148	Annie Waghorn	Med & Maid AC	62.02
2	59	Shanique Joseph	Bexley AC	62.85
3	143	Chelsea Crouser	Black & Brom H AC	64.20
4	173	Nicola Dobra	Tonbridge AC	67.88
Heat 2				
	No.	Athlete	Club	Time
1	61	Mellisa Owusu-Ansah	Cambridge Harriers	58.99
2	174	Krystal Galley	Black & Brom H AC	59.45
	142	Samantha Brown	Dartford Harriers	61.83
4	175	Nicola Keegan	Med & Maid AC	64.27
5	147	Jodie Leslie	Dartford Harriers	65.81
Final				
	No.	Athlete	Club	Time
1	61	Mellisa Owusu-Ansah	Cambridge Harriers	57.80
2	174	Krystal Galley	Black & Brom H AC	58.01
3	142	Samantha Brown	Dartford Harriers	59.81
4	148	Annie Waghorn	Med & Maid AC	62.90
5	59	Shanique Joseph	Bexley AC	63.65
6	143	Chelsea Crouser	Black & Brom H AC	64.68

U20W 800m

Final				
	No.	Athlete	Club	Time
1	206	Caroline Ford	Cambridge Harriers	2:20.92
2	205	Sarah Bernasko	Med & Maid AC	2:43.40

CBP

U20W 60m Hurdles

Final				
	No.	Athlete	Club	Time
1	56	Gabriella Ade-Onojobi	Cambridge Harriers	9.12
2	115	Francesca Baylis	Med & Maid AC	10.17

U20W High Jump

Final				
	No.	Athlete	Club	Ht
1	115	Francesca Baylis	Med & Maid AC	1.65
2	262	Deborah Martin	Ashford AC	1.60
3	261	Christine Lyston	Black & Brom H AC	1.55

CBP

U20W Pole Vault

Final				
	No.	Athlete	Club	Ht
1	263	Anna Huggins	Black & Brom H AC	2.90

U20W Long Jump

Final				
	No.	Athlete	Club	Dist
1	58	Rachel Hanagan	Ashford AC	5.33
2	173	Nicola Dobra	Tonbridge AC	4.49
3	146	Lucy Holmes	Ashford AC	4.46
4	264	Tobi Oniyatan	Bexley AC	4.32

U20W Triple Jump

Final				
	No.	Athlete	Club	Dist
1	58	Rachel Hanagan	Ashford AC	11.37
2	144	Laura Hanagan	Ashford AC	10.14
3	265	Ruth Woodfine	Tonbridge AC	9.43

U20W Shot

Final				
	No.	Athlete	Club	Dist
1	115	Francesca Baylis	Med & Maid AC	8.74
2	266	Ellie Duffy-Penny	Black & Brom H AC	8.18
3	146	Lucy Holmes	Ashford AC	7.68

U17W 60m

Heat 1				
	No.	Athlete	Club	Time
1	69	Georgina Middleton	Black & Brom H AC	7.95
2	73	Ruth Onyekwe	Cambridge Harriers	7.99
3	63	Jane Angus	Med & Maid AC	8.06
4	71	Jessica Murphy	Med & Maid AC	8.48
5	75	Sophie Tindal	Med & Maid AC	8.95
Heat 2				
	No.	Athlete	Club	Time
1	66	Rachel Dickens	Black & Brom H AC	8.05
2	65	Charlotte Colegate	Black & Brom H AC	8.30
3	72	Jordanna Nunes	Dartford Harriers	8.33
4	68	Wunmi Koiki	Unattached	8.57
5	76	Sophie Woolterton	Med & Maid AC	8.63
Heat 3				
	No.	Athlete	Club	Time
1	64	Dina Asher-Smith	Black & Brom H AC	7.72
2	98	Reanne Steele-Gomes	Unattached	8.36
3	74	Abigail Purkis	Ashford AC	8.74
4	70	Violeta Mitrova	Bexley AC	8.86
5	67	Sophie King	Newington AC	9.30
Final				
	No.	Athlete	Club	Time
1	64	Dina Asher-Smith	Black & Brom H AC	7.70
2	66	Rachel Dickens	Black & Brom H AC	7.82
3	73	Ruth Onyekwe	Cambridge Harriers	7.88
4	69	Georgina Middleton	Black & Brom H AC	8.05
5	63	Jane Angus	Med & Maid AC	8.09
6	65	Charlotte Colegate	Black & Brom H AC	8.39

U17W 200m

Heat 1				
	No.	Athlete	Club	Time
1	65	Charlotte Colegate	Black & Brom H AC	27.59
2	149	Sophie Ayre	Med & Maid AC	27.79
3	150	Gemma Brown	Dartford Harriers	28.60
4	151	Charlotte Cohen	Tonbridge AC	29.26
Heat 2				
	No.	Athlete	Club	Time
1	73	Ruth Onyekwe	Cambridge Harriers	26.97
2	69	Georgina Middleton	Black & Brom H AC	27.00
3	76	Sophie Woolterton	Med & Maid AC	28.82
4	74	Abigail Purkis	Ashford AC	28.98
Heat 3				
	No.	Athlete	Club	Time
1	66	Rachel Dickens	Black & Brom H AC	25.91
2	153	Lucy Hickmott	Dartford Harriers	27.26
3	154	Hester Hill	Ashford AC	28.88
	70	Violeta Mitrova	Bexley AC	dns
Heat 4				
	No.	Athlete	Club	Time
1	64	Dina Asher-Smith	Black & Brom H AC	26.71
2	72	Jordanna Nunes	Dartford Harriers	28.38
3	71	Jessica Murphy	Med & Maid AC	28.99
4	155	Victoria Munt	Black & Brom H AC	29.15
S/F 1				
	No.	Athlete	Club	Time
1	64	Dina Asher-Smith	Black & Brom H AC	26.36
2	73	Ruth Onyekwe	Cambridge Harriers	26.92
3	153	Lucy Hickmott	Dartford Harriers	27.82
4	76	Sophie Woolterton	Med & Maid AC	29.06
	149	Sophie Ayre	Med & Maid AC	dns
S/F 2				
	No.	Athlete	Club	Time
1	66	Rachel Dickens	Black & Brom H AC	26.15
2	69	Georgina Middleton	Black & Brom H AC	27.56
3	65	Charlotte Colegate	Black & Brom H AC	28.52
4	72	Jordanna Nunes	Dartford Harriers	28.56
5	150	Gemma Brown	Dartford Harriers	28.69
Final				
	No.	Athlete	Club	Time
1	64	Dina Asher-Smith	Black & Brom H AC	25.17
2	66	Rachel Dickens	Black & Brom H AC	25.46
3	73	Ruth Onyekwe	Cambridge Harriers	26.76
4	69	Georgina Middleton	Black & Brom H AC	27.05
5	153	Lucy Hickmott	Dartford Harriers	27.15

CBP

U17W 300m

Final				
	No.	Athlete	Club	Time
1	153	Lucy Hickmott	Dartford Harriers	42.55
2	176	Lauren Bamford	Ashford AC	43.86
3	149	Sophie Ayre	Med & Maid AC	43.90
4	150	Gemma Brown	Dartford Harriers	44.84
5	151	Charlotte Cohen	Tonbridge AC	46.84
6	179	Kerri Willis	Med & Maid AC	47.89

U17W 800m

Final				
	No.	Athlete	Club	Time
1	210	Jessica Jones	Black & Brom H AC	2:26.69
2	177	Holly Fletcher	Black & Brom H AC	2:26.90
3	212	Lara-Rose Tadman	Med & Maid AC	2:30.99
4	154	Hester Hill	Ashford AC	2:35.10
5	207	Bethany Frost	Black & Brom H AC	2:36.75
6	208	Emily Harriss	Newington AC	2:54.68

U17W 60m Hurdles

Final				
	No.	Athlete	Club	Time
1	116	Kayleigh Miller-Leslie	Ashford AC	9.11
2	178	Rhiannon Jones	Black & Brom H AC	9.39
3	119	Emily Stone	Tonbridge AC	9.44
4	117	Matiloa Russell	Tonbridge AC	9.50
5	176	Lauren Bamford	Ashford AC	9.75
6	118	Louise Springham	Tonbridge AC	9.89

U17W High Jump

Final				
	No.	Athlete	Club	Ht
1	267	Brooke Mahoney	Unattached	1.50
2	154	Hester Hill	Ashford AC	1.40

U17W Pole Vault

Final				
	No.	Athlete	Club	Ht
1	269	Laura-Ann Henderson	Tonbridge AC	3.32
2	152	Caitlin Dock	Ashford AC	2.40

CBP

U17W Long Jump

Final				
	No.	Athlete	Club	Dist
1	149	Sophie Ayre	Med & Maid AC	4.99
2	116	Kayleigh Miller-Leslie	Ashford AC	4.98
3	119	Emily Stone	Tonbridge AC	4.78
4	118	Louise Springham	Tonbridge AC	4.36
5	270	Jessica Moore	Black & Brom H AC	4.33
6	70	Violeta Mitrova	Bexley AC	4.29
7	71	Jessica Murphy	Med & Maid AC	4.20

U17W Triple Jump

Final				
	No.	Athlete	Club	Dist
1	119	Emily Stone	Tonbridge AC	10.02

U17W Shot

Final				
	No.	Athlete	Club	Dist
1	271	Anna Alvarez	Invicta East Kent AC	10.32

U15G 60m

Heat 1				
	No.	Athlete	Club	Time
1	102	Sharai Williams	Black & Brom H AC	8.18
2	89	Tia Murray	Med & Maid AC	8.35
3	92	Joanne Okusanya	Bexley AC	8.39
4	97	Jazmin Salter	Med & Maid AC	8.79
5	84	Lucy Else	Medway Park Phoenix	9.42
Heat 2				
	No.	Athlete	Club	Time
1	91	Oshuwa Ogbeta	Black & Brom H AC	8.25
2	87	Renique Joseph	Bexley AC	8.34
3	79	Ezinwa Awogu	Dartford Harriers	8.41
4	85	Ellie Gooding	Ashford AC	8.62
5	49	Shelby Morris-Zammit	Dartford Harriers	9.60
Heat 3				
	No.	Athlete	Club	Time
1	94	Vivien Olatunji	Black & Brom H AC	8.35
2	82	Amber Currie	Ashford AC	8.46
3	93	Abiodun Olagbaiye	Bexley AC	8.54
4	77	Diana Adegoke	Thanet AC	8.63
5	103	Faye Zimmer	Ashford AC	9.84
Heat 4				
	No.	Athlete	Club	Time
1	86	Rose Hairs	Tonbridge AC	8.13
2	95	Naomi Orogun	Dartford Harriers	8.25
3	88	Rachel Lageretabua	Tonbridge AC	8.58
4	83	Lauren Davies	Tonbridge AC	9.00
5	80	Emily Coombs	Med & Maid AC	9.23
6	101	Sarah Webb	Med & Maid AC	9.97
Heat 5				
	No.	Athlete	Club	Time
1	81	Jazz Crawford	South London Harries	8.28
2	100	Joanne Ware	Med & Maid AC	8.31
3	99	Rhiannon Wallwork	Invicta East Kent	8.44
4	78	Kemi Ajose	Cambridge Harriers	8.83
5	96	Madeleine Sampson	Medway Park Phoenix	8.89
S/F 1				
	No.	Athlete	Club	Time
1	102	Sharai Williams	Black & Brom H AC	8.24
2	95	Naomi Orogun	Dartford Harriers	8.33
3	91	Oshuwa Ogbeta	Black & Brom H AC	8.34
4	100	Joanne Ware	Med & Maid AC	8.35
5	79	Ezinwa Awogu	Dartford Harriers	8.38
6	92	Joanne Okusanya	Bexley AC	8.42
S/F 2				
	No.	Athlete	Club	Time
1	86	Rose Hairs	Tonbridge AC	8.14
2	81	Jazz Crawford	South London Harries	8.21
3	94	Vivien Olatunji	Black & Brom H AC	8.28
4	87	Renique Joseph	Bexley AC	8.36
5	89	Tia Murray	Med & Maid AC	8.38
6	99	Rhiannon Wallwork	Invicta East Kent	8.42

Final				
	No.	Athlete	Club	Time
1	102	Sharai Williams	Black & Brom H AC	8.13
2	86	Rose Hairs	Tonbridge AC	8.14
3	81	Jazz Crawford	South London Harries	8.20
4	94	Vivien Olatunji	Black & Brom H AC	8.25
5	91	Oshuwa Ogbeta	Black & Brom H AC	8.31
6	95	Naomi Orogun	Dartford Harriers	8.34

U15G 200m

Heat 1				
	No.	Athlete	Club	Time
1	82	Amber Currie	Ashford AC	28.47
2	99	Rhiannon Wallwork	Invicta East Kent	28.58
3	97	Jazmin Salter	Med & Maid AC	28.62
4	83	Lauren Davies	Tonbridge AC	31.50
	157	Lucy Rungay	Tonbridge AC	disq
Heat 2				
	No.	Athlete	Club	Time
1	86	Rose Hairs	Tonbridge AC	27.19
2	156	Natasha Carlisle	Tonbridge AC	28.19
3	158	Ella Walden	Dartford Harriers	28.70
4	96	Madeleine Sampson	Medway Park Phoenix	31.03
5	85	Ellie Gooding	Ashford AC	36.32
Heat 3				
	No.	Athlete	Club	Time
1	95	Naomi Orogun	Dartford Harriers	28.75
2	93	Abiodun Olagbaiye	Bexley AC	28.76
3	94	Vivien Olatunji	Black & Brom H AC	29.59
4	89	Tia Murray	Med & Maid AC	29.85
	81	Jazz Crawford	South London Harries	dns
Final				
	No.	Athlete	Club	Time
1	86	Rose Hairs	Tonbridge AC	26.93
2	156	Natasha Carlisle	Tonbridge AC	28.19
3	99	Rhiannon Wallwork	Invicta East Kent	28.36
4	82	Amber Currie	Ashford AC	28.46
5	95	Naomi Orogun	Dartford Harriers	29.84

U15G 300m

Final				
	No.	Athlete	Club	Time
1	181	Katie White	Tonbridge AC	45.03

U15G 800m

Final				
	No.	Athlete	Club	Time
1	215	Hannah Czarnowski	Tonbridge AC	2:41.84
2	213	Emma Brenton	Med & Maid AC	2:43.05
3	216	Lucy Daniel	Cambridge Harriers	2:45.12
4	78	Kemi Ajose	Cambridge Harriers	2:51.95
5	219	Kate Woodbridge	Black & Brom H AC	2:55.28
6	214	Katie Carey	Unattached	3:28.33

U15G 60m Hurdles

Final				
	No.	Athlete	Club	Time
1	156	Natasha Carlisle	Tonbridge AC	9.61
2	100	Joanne Ware	Med & Maid AC	9.62
3	121	Aine Hurlock	Black & Brom H AC	9.77
4	83	Lauren Davies	Tonbridge AC	10.37
5	120	Eloise Holland	Tonbridge AC	11.17
6	214	Katie Carey	Unattached	15.16

U15G High Jump

Final				
	No.	Athlete	Club	Ht
1	273	Alex Wheelwright	Black & Brom H AC	1.55
2	272	Shannon Clarke	Black & Brom H AC	1.45
3	100	Joanne Ware	Med & Maid AC	1.45
4	80	Emily Coombs	Med & Maid AC	1.35
5	49	Shelby Morris-Zammit	Dartford Harriers	1.30

U15G Pole Vault

Final				
	No.	Athlete	Club	Ht
1	277	Ailis McGovern	Bexley AC	2.90
2	274	Helena Coleman	Black & Brom H AC	2.40
3	276	Rebecca Franklin	Bexley AC	2.30
4	275	Lana-Emily Foyle	Ashford AC	1.70

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U15G Long Jump

Final				
	No.	Athlete	Club	Dist
1	180	Shannon Cordell	Black & Brom H AC	4.81
2	99	Rhiannon Wallwork	Invicta East Kent	4.68
2	278	Temilola Tewogbade	Bexley AC	4.68
4	158	Ella Walden	Dartford Harriers	4.37
5	77	Diana Adegoke	Thanet AC	4.33
6	80	Emily Coombs	Med & Maid AC	4.07
7	49	Shelby Morris-Zammit	Dartford Harriers	4.06
8	120	Eloise Holland	Tonbridge AC	3.84
9	213	Emma Brenton	Med & Maid AC	3.65
10	219	Kate Woodbridge	Black & Brom H AC	3.46

U15G Shot

Final				
	No.	Athlete	Club	Dist
1	281	Jennifer Stevens	Tonbridge AC	9.63
2	280	Yemisi Sofolarin	Black & Brom H AC	9.10
3	88	Rachel Lageretabua	Tonbridge AC	8.86
4	87	Renique Joseph	Bexley AC	8.59
5	279	Brooke Hollett	Black & Brom H AC	8.24
6	92	Joanne Okusanya	Bexley AC	7.82
7	97	Jazmin Salter	Med & Maid AC	6.38
8	79	Ezinwa Awogu	Dartford Harriers	6.28
	101	Sarah Webb	Med & Maid AC	ndr